

The education we didn't know we were getting: How what we learned on the playground affects us in the bedroom

Guest: Leah Carey

www.LeahCarey.com / www.GoodGirlsTalkAboutSex.com



Short bio:

Leah Carey is a sex and intimacy coach and host of the podcast “Good Girls Talk About Sex.” She works with women to move beyond laying-back-and-accepting-whatever-their-partner-does-to-them, into being equal co-creators of their sexual experience. She offers group coaching, individual coaching, and PJ Parties for Grown-Ups where she leads you through an evening of chatting about sex with your best girlfriends!

Links:

- Website – www.leahcarey.com
- Instagram – www.instagram.com/goodgirlstalk
- Facebook private group – www.facebook.com/groups/goodgirlstalk
- YouTube – www.youtube.com/goodgirlstalk

Interview Questions: (I always enjoy a free-flowing conversation, so feel free to adjust these for your comfort, use these as a jumping-off point, or ignore them entirely!)

1. There's a lot of disagreement about how much sex education there should be in schools, but you're saying ALL education is sex education – what does that mean?
2. Why do you think it's important to talk about how we're socialized as children?
3. How does this socialization create conflict when we're adults in the bedroom?
4. You're saying socialization creates inherent conflict in heterosexual couples. Does that mean it's easier for same-sex couples?
5. How did you get interested in thinking about socialization as it affects our sexual activities?
6. What kind of sex education would you like to see in schools?
7. Are there places in the world that are doing sex education better than we are in North America? What results are they getting?
8. If the messaging my kids are getting at school and in culture is flawed, how can I help my kids to learn healthier attitudes toward sex?
9. You don't have kids, Leah. Why do you feel so passionately about this issue?

Free download for your audience:

- 1) The three-minute game – Discover the kind of touch that lights you up, even when your sex drive is low - <https://www.leahcarey.com/threeminutegame>

Paid offering:

Want to dive deeper with your girlfriends? Schedule a PJ Party for Grown Ups!
www.leahcarey.com/pjparty

Longer bio, if desired:

Leah Carey is a sex and intimacy coach and host of the podcast “Good Girls Talk About Sex.” She works with women to move beyond laying-back-and-accepting-whatever-their-partner-does-to-them, into being equal co-creators of their sexual experience.

In her podcast, PJ Parties for Grown Ups, and one-on-one and group coaching, Leah’s focus is always on reflecting your true sexual nature back to you, without the judgment or shame that can get in the way of you seeing it for yourself. Her clients sink so deeply into their true sexuality that the old version of themselves that was scared to speak up for their own needs can feel like a mirage from another lifetime.

Find her at www.leahcarey.com or @GoodGirlsTalk on [Instagram](#), [Facebook](#), and [YouTube](#).

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